**36 Reasons Why You Should Thank a Union**  
  
Weekends  
All Breaks at Work, including your Lunch Breaks  
Paid Vacation  
FMLA  
Sick Leave  
Social Security  
Minimum Wage  
Civil Rights Act/Title VII (Prohibits Employer Discrimination)  
8-Hour Work Day  
Overtime Pay  
Child Labor Laws  
Occupational Safety & Health Act (OSHA)  
40 Hour Work Week  
Worker's Compensation (Worker's Comp)  
Unemployment Insurance  
Pensions  
Workplace Safety Standards and Regulations  
Employer Health Care Insurance  
Collective Bargaining Rights for Employees  
Wrongful Termination Laws  
Age Discrimination in Employment Act of 1967  
Whistleblower Protection Laws  
Employee Polygraph Protect Act (Prohibits Employer from using a lie detector test on an employee)  
Veteran's Employment and Training Services (VETS)  
Compensation increases and Evaluations (Raises)  
Sexual Harassment Laws  
Americans With Disabilities Act (ADA)  
Holiday Pay  
Employer Dental, Life, and Vision Insurance  
Privacy Rights  
Pregnancy and Parental Leave  
Military Leave  
The Right to Strike  
Public Education for Children  
Equal Pay Acts of 1963 & 2011 (Requires employers pay men and women equally for the same amount of work)  
Laws Ending Sweatshops in the United States